

NHS111

People should call 111 if:- its not a life-threatening emergency, you don't know who to call for medical help or if you don't think it can wait for an appointment with your GP or if you don't have a GP.

Calls to NHS111 are confidential and free from landlines and mobiles (you need 1p credit on pay-as-you-go to access the service) The service is available 24 hours a day, 365 days of the year in 170 different languages.