

## FOWEY RIVER PRACTICE

### Patient Participation Group (PPG) meeting

*'Getting better together'*

**Wednesday 12<sup>th</sup> September 2018 - 6:15 pm at Fowey**

#### **Present**

BL (Chair), Anne B (Vice chair), Annette B, Chinty P, CP, Dr. Waldron, RD, VD, Toni

#### **(1) Apologies**

Amanda B, MK, PP, RG

#### **(2) Minutes from last meeting**

BL welcomed everyone to the meeting and he checked for accuracy of the minutes with the group. There were no adjustments and the minutes were signed off by BL and Chinty P as a true record.

#### **(3) Matters arising**

Book Sale: Toni reported that the 'book sale' is working very well and £40.00 has been raised. She also noted that there is a need for more books.

Car Park in Fowey Surgery: Dr. Waldron stated that a sign is displayed in the Car Park, but it has not made any difference to the spaces being used by others who are not attending the Surgery. The next action will be to set up bollards.

Extended Surgery: This is progressing well.

#### **(4) Feedback from the Practice**

- NHS England

Dr. Waldron stated that NHS England has turn down their application for proposed cover in Polruan and there are also concerns about economics. BL suggested that once there is a decision, the PPG will write a letter to the public regarding this matter.

- Advance Flu vaccines

Dr. Waldron mentioned that the Practice has ordered vaccines for October 2018.

- 7-day ECG Event Monitor

Dr. Waldron reported that he has confirmation from the CCG to purchase a 7-day Event Monitor. He explained that patients would be fitted with the machine at the

Practice and the monitor would record electrical signals from the heart over a period of a week, afterwards the report will be downloaded or sent off to a cardiologist for review. BL added that the monitor was very useful especially in identify risks early and used the example of how helpful it was to a colleague. Annette B noted that she had a discussion with a colleague at Carlyon Bay who is willing to support this cause. BL asked for other members of the group to email their fundraising idea to Chinty P.

- Goodbye to Dr. Goss

Dr. Waldron told the Committee that Dr. Goss was leaving to work at a Practice closer to his home. The PPG was sorry that Dr. Goss was leaving and was concerned about covering sessions. Dr. Waldron confirmed that there is a plan in place to cover surgery sessions which includes a Locum on Mondays, and timetable adjustments between Dr. Marrett, Dr. Cockshott and Dr. Waldron and Sue Dooley. He also added that Dr. Luke is doing well.

- Par Track's Social Prescribing Programme

Dr. Waldron explained that the Practice is collaborating with Cornwall College and Par Track to provide Health, Wellbeing and Physical Activity schemes for patients tailored to them in terms of suitability and safety. According to the Par Track Social Prescribing programme, 'the scheme has a special focus to work with those with medical conditions or other specialist needs'.

## **(5) Committee Items**

- Praise for Phlebotomist Gemma

Both and BL and Anne B told the group about the excellent treatment they received from Gemma. Toni said that she will pass the message on to Gemma.

- Newsletter for the Practice

Chinty P showed the group a Newsletter she produced regarding fundraising and Flu Vaccines. Chinty P to add further details re dates.

## **(6) Any other business**

- Diabetes

There was a discussion about the increase of diabetes in the population. Anne B asked why it is such a big issue. Dr. Waldron gave a short explanation regarding factors relating to diet, exercise and genetics. A short discussion followed.

- Raffle during Flu clinics in October 2018

There was a discussion regarding dates for Flu clinics. Chinty P to organise a rota to support the Raffle during the Flu clinics.

- Congratulations and goodbye to Christine Pettitt

BL thanked Christine for her contributions to the PPG and wished her well regarding her studies in Medicine. Afterwards, Dr. Waldron made some suggestions about recruiting members to the PPG Committee such as students who were looking for a career in medicine.

The meeting closed at 19:00 pm.

**Date of next meeting:** Wednesday 10<sup>th</sup> October 2018 in FOWEY