

# FOWEY RIVER PRACTICE

## Patient Participation Group (PPG)

*'Getting better together'*

### Minutes from meeting on Wednesday 11<sup>th</sup> September 2019 - 6:15 pm at Fowey

#### **Present**

BL (Chairperson), Anne B (Vice chair), Amanda B, Annette B, Chinty P, CN, Dr. Marrett, LW, MK, PP, RD, VD, Ben Mitchell

#### **(1) Apologies**

n/a

#### **(2) Minutes from last meeting**

BL welcomed everyone to the meeting and checked the accuracy of the minutes for July 2019. This was later signed off as a true record.

#### **(3) Matters arising**

Amanda B confirmed that Fowey Practice has joined another network with two Practices in Bodmin.

#### **(4) Feedback from the Practice**

Social Prescribing: Amanda B reported that Melissa is running the Social Prescribing programme and this is working well.

Flu Programme: Amanda B informed the Committee about the dates for Flu clinics this term. After a short discussion, a timetable was set up with members supporting most of the Flu clinics. Chinty P to email members the timetable and updated poster regarding the Raffle to raise funds towards a 24-Hour blood pressure monitor.

Books and CD sale: Amanda B told the group that the book sale is doing well but CD sales are slow. Total amount raised to date £156.00.

#### **(5) Ben Mitchell (Events Officer – NHS Kernow)**

Ben informed the Committee about his role as an Events Office and his interest in promoting Patients Participation Groups. Ben explained how short three-minute video clips can raise awareness about PPGs in the wider community. A discussion followed how such video clips could be useful for Surgery waiting rooms as a means of informing local people about the positive impact of fundraising over the years and that such public awareness may influence others to support fundraising ventures in the future. Ideas and dates regarding filming will be discussed at the next PPG meeting in October. Ben also spoke about promoting 'Well-being' and 'Choose-well' messages to individuals at the Flu Clinics this term. Ben to send further details to Amanda B.

## **(6) Committee Items**

Fowey Hospital: Anne B said that she recently went to a meeting regarding Fowey Hospital. She reported that there are many issues relating to this hospital in terms of ideas of how the site could be used as well as costs. A discussion followed regarding the hospital. BL suggested inviting Dr. Andy Virr, who is the Councillor for Fowey, Tywardreath and Golant, to a PPG meeting to have a discussion with him regarding the hospital. Chinty P to follow up this with an email.

2019 Raffle Poster: Chinty P to complete the poster to advertise the 2019 Raffle to fund a 24-Hour Blood Pressure Monitor.

Newsletter: There was a discussion regarding items for the Newsletter. This includes video clips sessions by Ben Mitchell, contributions from fundraising that supports patients and the Practice, Research and sale of books at Fowey and Par Surgeries.

Roger: BL informed the group that member Roger has left the Committee. BL also said that he sent a letter to Roger thanking him for his continuous support for the PPG over the years. Chinty P mentioned that she also sent an email to Roger on behalf of the PPG Committee. The Committee agreed that they would no longer consider the fundraising 300 club idea. BL asked the group to think of some other fundraising ideas.

## **(7) Any other business**

- MK suggested handing out A5 leaflets to inform patients about the progress and benefits of fundraising over the years at the Flu clinics.
- The 2019 Raffle to be drawn at the PPG meeting in December.
- VD proposed a Promised Auction as a fundraising idea. BL thought that this could be beneficial.
- BL suggested having some more magazines in waiting rooms.

The meeting closed at 19: 20 pm.

**Date of next meeting:** Wednesday 9<sup>th</sup> October 2019 in FOWEY

### **Dates for Flu vaccines:**

- Saturday 28 September- FOWEY (morning session)
- Tuesday 1 October - PAR (afternoon session)
- Saturday 12 October- PAR (morning session)
- Wednesday 30 October- FOWEY(afternoon session)
- Thursday 31 October- POLRUAN HALL (morning session)
- Friday 1 November- PAR (afternoon session)
- Tuesday 26 November- PAR (morning session)

### ***Signed as a true record:***

The above minutes were verified by the PPG Committee and later signed off as a true record on 9th October 2019 PPG meeting by Dr. William Leach (Chairperson) and Rajdulari (Chinty) Pettitt (Secretary).